

glorified tallow candles, had never been known to support his scrap of a body. Yet one fine day, when the exhausted "grammie" gave forth, by way of "I'm tired," "God Save the King," behold "Wee Wullie" on his wobbly pins! and see him totter towards Sister—three strides at least—before she caught him and saved a fall.

How about new treatment, Music for Muscles? By all means let dull nurses have a gramophone, and change the records as often as can be.

Dr. T. O. Gordon gave a most interesting lecture on "The Spine" to the members of the Irish Nurses' Association last week. He showed a number of lantern slides, tracing the developments of the spine in different types of animals and reptiles, going back to what might be called pre-historic times with photographs of animals no longer in existence. He finished his lecture with the human spine, and had a number of photos with different curvatures. The members present were very enthusiastic, and gave Dr. Gordon a cordial vote of thanks for his kindness in taking so much trouble, and giving them such an interesting lecture. Miss Reed presided, and the attendance was good.

### Our New Prize Competitions.

In the present number we publish the last of the Coupons of the Prize Puzzles, which have given our readers pleasure for so many years. The result of the December Competition will be announced in our issue of January 7th, 1911, and in the same issue the coupon will appear for the first of the new competitions.

As previously announced, a prize of 5s. will be awarded to the writer of the first letter opened by the Editor on January 9th, 1911, naming the favourite Novel of the Year, 1910, as proved by its mention by the largest number of competitors.

All competitors for this Prize must cut out the coupon published on page xii. of our advertisement supplement, in our issue of January 7th, insert her full name and address, and post it with her letter, naming the novel, to the Editor, 20, Upper Wimpole Street, London, W., not later than January 7th, marked "Prize Competition."

The name of the Prize Winner will appear in our issue of January 14th, 1911.

The following will be the subjects of the competitions during the remaining weeks in January:—

January 14th.—"How to Succeed as a Private Nurse."

January 21st.—"Describe the Happiest Hour of your Life."

January 28th.—"Describe a Baby's Cries and what they Indicate."

In each case the answer of the competitor should be from 300 to 400 words in length.

### St. John's House.

The Christmas Entertainment at St. John's House, Queen Square, W.C., is always one of the most enjoyable of the parties of the season, and this year, as usual, there were carols in the Chapel, and then Mr. A. M. Heathcote and Miss Ruth Heathcote, who, for so many years have charmed similar audiences, gave some of their inimitable dramatic sketches, "Little Arthur at the Seaside" and "Martha on Husbands" being specially appreciated. The central hall, which had been draped in blue and white, and decorated with flags, greenery, and fairy lamps, was crowded out, and privileged persons found a point of vantage on the staircase.

All too soon came supper, after the hospitable fashion of the House, and then good-byes, and the turning of one more page in its records.

### Our Foreign Letter.

#### A VERY SUPERFICIAL GLANCE AT NURSING IN INDIA.



I am now ending my term of service with Lady Minto's Nursing Association, and a very pleasant five years it has been. For

the information of those who know little of this scheme I must tell them it is one for providing efficient nurses for Europeans residing in India and Burma.

I believe before the origin of the "L.M.I.N.A.," with the exception of two small nursing homes, Calcutta, Bombay, and Madras were the only places from which a trained nurse worthy of the prefix could be obtained. In England, it is difficult to realise what this meant to our fellow countrymen here, isolated in all parts of India, where disease is much more rapid and acute in its course, and where the distances are so great. Still, with these five centres doing their best the demand greatly exceeded the supply. Now, the Minto Nursing Association has centres so localised that two days is about the longest wait a patient need have for a nurse. From the Anglo-Indian's point of view, one knows, if by nothing else, by the warm welcome and the grateful leave-taking what a boon to the uninitiated it is to have a skilful and

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